

Presentations by RAT Support

BACKUP.....BACKUP !!!!

This presentation is about Backing Up and how to do it.

Backup can mean just backing up a folder or file, Backing up email or bookmarks, or a whole computer.

I am not going to cover every variable that can be used to do backups but am going to try to give you some idea of what it takes and where to get the resources.

Hardware:

To do a good backup it requires equipment (hardware) that can be removed from the computer you are performing the backup on. It is a good idea to keep this hardware away from your computer in case of fire or other problems.

1. USB Memory Device (Universal Serial Bus)
2. CD or DVD (read/write or write once)
3. External Hard Drive
4. Server Folder
5. Network Attached Storage
6. Backup Service (<http://www.pcmag.com/article2/0,2817,2288745,00.asp>)

Items 1 & 2 are usually the least expensive but may have limited space .

Software:

There are a number of programs that you can use to back your data, here is a link to a list of some that charge for the software: <http://data-backup-software-review.toptenreviews.com/>, and here is a link to some information on free software: <http://www.techsupportalert.com/best-free-backup-program>.

Windows 7 has an improved backup and restore built in, you can also look under system tools in older windows programs for a backup program.

I don't use a backup program as such, I do drag and drop my important information to a NAS (Network Attached Storage) device. I also use MozBackup to backup my Bookmarks in Firefox and my email information in Thunderbird.

General Information:

If you need help with the choices of what to do, you can do a Google search for information on backup and restore and when and why you should do it.

I have on my web site on the Education Tab that talks about files and folders. If you have more questions you can always use my contact us tab and fill in the question and information: <http://www.ratsupport.com/contact.html>

I hope this helps with some of your questions on Backup, Backup

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